

Table of contents

Overview 14.3

Prescription drug programs for commercial Members 14.3

 Select Drug Program® 14.3

 Value Formulary Drug Program 14.3

 Premium Formulary 14.3

 Standard Drug Program 14.4

 Formulary links 14.4

Participating pharmacy networks for commercial Members 14.4

 FutureScripts Preferred Pharmacy Network for commercial Members 14.4

Mail-order program for commercial Members 14.5

Drug formulary information for commercial Members 14.5

 Requesting an exception for commercial Members 14.6

Prescription drug guidelines for commercial Members 14.7

 Prior authorization requirements 14.7

 Safety edits 14.9

 Pediatric Opioid limits 14.10

 Appealing a decision 14.11

Preventive drugs covered at \$0 Copayment for commercial Members 14.11

Specialty drug program for commercial Members 14.12

 Mandatory specialty pharmacy benefit for commercial Members 14.12

 Self-injectable drugs 14.13

Blood Glucose Meter Program for commercial Members 14.13

Prescription drug programs for Medicare Advantage Members 14.13

 Medicare Part D 14.14

 Part D vaccine ordering instructions 14.15

Participating pharmacy networks for Medicare Advantage Members 14.16

 FutureScripts Secure pharmacy network for Medicare Advantage Members 14.16

Mail-order program for Medicare Advantage Members 14.16

Drug formulary information for Medicare Advantage Members 14.17

Prescription drug guidelines for Medicare Advantage Members 14.17

 Prior authorization requirements 14.17

 Quantity limits 14.18

 MME limits 14.19

 Medicare Part D 30-day transition supply 14.19

 Appealing a decision 14.19

Blood Glucose Meter Program for Medicare Advantage Members14.20
Medication Therapy Management Program for Medicare Advantage Members14.20

Overview

Our independent pharmacy benefits managers, FutureScripts® and FutureScripts® Secure, handle the administration and claims processing of pharmacy benefits under Independence prescription drug programs. As part of our commitment to comprehensive coverage, we offer a wide range of plans covering prescription drugs approved by the U.S. Food and Drug Administration (FDA).

The Pharmacy and Therapeutics Committee oversees our pharmacy policies and procedures and promotes the selection of clinically safe, clinically effective, and economically advantageous medications for our Members. The Committee is comprised of internal and external clinical pharmacists and Physicians in a variety of specialties; it meets on no less than a quarterly basis to review and update the formularies. Providers are notified of these changes through *Partners in Health Update*SM.

Before you prescribe drugs to Members, we recommend that you become familiar with this section. In it you will find information about our prescription drug programs, formularies, and prior authorization process.

Prescription drug programs for commercial Members

Members with an Independence prescription drug benefit may have coverage through one of the programs listed in this section. Coverage for drugs is based on the Member's benefits program. Commercial formularies are reviewed over the course of the year for value, quality, effectiveness, and consideration of new generic and brand drugs that are introduced into the marketplace. Some drugs may be subject to utilization management programs to ensure appropriate clinical use and cost efficiency.

Select Drug Program®

The Select Drug Program formulary provides the broadest access to cost-effective covered prescription drugs including generics, authorized generics, brands, and specialty drugs on multiple tiers. Generally, all FDA-approved medications are covered except for routinely excluded categories (e.g., drugs used for cosmetic purposes) and other specific drug exclusions.

Value Formulary Drug Program

The Value Formulary is a restricted formulary. It provides a comprehensive list of medications including generics, authorized generics, brands, and specialty drugs. Drugs are included based on medical effectiveness and value.

The Value Formulary includes at least two agents to treat each covered disease state when available. New drugs are not included on the Value Formulary until reviewed by the Pharmacy and Therapeutics Committee. Drugs not covered on the Value Formulary are considered non-formulary; for these drugs, formulary alternatives can be found on the Plan's website. Non-formulary drugs are covered when a formulary exception approval is obtained through the prior authorization process.

Premium Formulary

The Premium Formulary is a restricted formulary. It provides a comprehensive list of medications that include generics, authorized generics, brands, and specialty drugs. Drugs are included based on medical effectiveness and value. Drugs may be excluded from coverage on

the formulary when an alternative medication exists that is used to treat the same condition in a more cost-effective manner.

The Premium Formulary excludes new medications at their market launch for six months to allow for appropriate review of evidence and overall clinical value when compared to other formulary alternatives. This minimizes Member disruption if the medication is permanently excluded.

Standard Drug Program

The Standard Drug Program is similar to the Select Drug Program except that it consists of a two-tier cost-share structure with the generic cost-share being lower than the brand cost-share.

Formulary links

| Commercial formulary | Online search tool link |
|--|---|
| 3-Tier Select Drug Formulary | https://client.formularynavigator.com/Search.aspx?siteCode=4265361986 |
| 4-Tier Select Drug Formulary | https://client.formularynavigator.com/Search.aspx?siteCode=4268529592 |
| 3-Tier Value Formulary 4-Tier Value Formulary with Low-Cost Generic | https://client.formularynavigator.com/Search.aspx?siteCode=4273560494 |
| 4-Tier Value Formulary with Specialty | https://client.formularynavigator.com/Search.aspx?siteCode=2028540279 |
| 5-Tier Value Formulary | https://client.formularynavigator.com/Search.aspx?siteCode=2031521554 |
| Premium Formulary | https://ctrx.benefits.catamaranrx.com/rxpublic/portal/memberMain?customer=IBCPREMIUM |

Participating pharmacy networks for commercial Members

Members should take their Member ID card to a pharmacy that participates in the FutureScripts network. Many retail pharmacies in the U.S. are part of this network, including large chains and independently owned pharmacies. When Members are traveling in the U.S., participating pharmacies will accept Member ID cards and dispense medications based on the Member's pharmacy benefits.

FutureScripts Preferred Pharmacy Network for commercial Members

The FutureScripts Preferred Pharmacy Network is a smaller version of our full FutureScripts pharmacy network for commercial Members. With this preferred network, Members who have this benefit have access to over 58,000 pharmacies, such as Rite-Aid, CVS, Wal-Mart, and Target, in addition to independent pharmacies.

If a Member in a Plan that uses the Preferred Network elects to get a prescription filled at pharmacies that are not part of the FutureScripts Preferred Pharmacy Network (i.e., Rite Aid) it will be considered an out-of-network claim and the Member will be responsible for the total cost of their prescription drug(s) at the time of purchase and must submit a paper claim for reimbursement at their Plan's out-of-network rate.

Mail-order program for commercial Members

Most of our prescription drug programs include a mail-order option that offers a convenient, cost-effective way for Members to receive their medications. FutureScripts processes mail-order prescriptions for our commercial Members under the name Optum Home Delivery.

For a Member to use this benefit, the Provider should write two separate prescriptions for the Member: (1) a prescription for the initial supply, which the Member may fill immediately at a retail pharmacy, and (2) a prescription for the mail-order program, which should be written for a 90-day supply of medication. Members receive information on how to fill mail-order prescriptions upon enrollment. Shipments through the mail-order program are available to all areas in the U.S.

Note: Many of our commercial plans include a 90-day fill option at Rite Aid stores. Up to a 90-day supply of drugs to treat chronic conditions are available at Rite Aid for same cost share as mail order.

Drug formulary information for commercial Members

The prescription drug programs mentioned earlier in this section use formularies to give Members cost-effective access to covered medications. When prescribing medications, Providers should consider the formulary through which Members have prescription drug coverage.

Before prescribing a medication for Members, keep in mind the following:

- Non-preferred tier on the formulary is generally associated with higher cost-sharing than the preferred brand tier or generic tier (i.e., at the higher cost to the Member). Non-formulary drugs on the Value and Premium Formularies are covered when a formulary exception approval is obtained through the prior authorization process (see *Requesting an Exception for commercial Members*).
- Generally, when a brand name drug has a generic equivalent, the brand name drug is covered at the non-preferred level of cost-sharing on the Select Drug Program while the generic equivalent is covered at the generic level of cost-sharing. On the Value Formulary, the brand name drug would be non-formulary.
- Some brand name drugs without generic equivalents, authorized generic drugs, and generic drugs are also covered at the non-preferred level of cost-sharing or may be non-formulary because there are other more cost-effective alternatives covered on the formulary to treat the same condition.

Below is a summary of tiers in the general order from lowest to highest level of cost-share on the Select Drug Program and Value Formulary. Benefits vary by groups and all cost-share levels may not be available on all plans. *Note:* Non-formulary drugs are covered when a formulary exception approval has been obtained for which the Member will pay the highest, non-specialty level of cost-sharing.

- Low-Cost Generic (availability varies by benefit)
- Generic
- Preferred Brand
- Non-Preferred Drug
- Specialty (availability varies by benefit)

Low-Cost Generic Drug. This is a Member incentive that offers Copayments lower than the cost-share for the generic tier, to the extent applicable, for certain generic drugs that are typically used to treat chronic conditions such as high blood pressure, high cholesterol, diabetes, heart failure, and depression. Benefits may vary, and not all plans provide this incentive; drug list is subject to change. When this benefit is not available on a plan, these drugs will be covered at the generic cost-share level.

Specialty Drugs. These drugs meet certain criteria, including, but not limited to, drugs used to treat rare, complex, or chronic diseases, drugs that have complex storage and/or shipping requirements, and drugs that require comprehensive patient monitoring and/or education. Specialty drugs covered under the pharmacy benefit may be managed by the FutureScripts Specialty Pharmacy Program. Benefits may vary, and many plans cover specialty drugs on a specialty tier with higher cost-sharing. For cost-sharing purposes, drugs on the specialty tier are not eligible for tier lowering.

Authorized Generic Drugs. These are brand name drugs that are marketed without the brand name on its label. An authorized generic may be marketed by the brand name drug company, or another company with the brand company's permission. Unlike a standard generic drug, the authorized generic is not approved by the FDA's abbreviated new drug application process (ANDA). For cost-sharing purposes, authorized generics are treated as brand name drugs and are not eligible for coverage on the generic tier(s).

To help commercial Members understand their specific drug program and formulary, they have access to educational materials, including searchable look-up tools and formulary guides. To view the searchable drug tools or formulary guides, visit www.ibx.com/rx and select the appropriate option under Drug Formularies.

Requesting an exception for commercial Members

Non-formulary exceptions for Value Formulary and Premium Formulary Members

Providers may request consideration for coverage of a non-formulary medication when there has been a trial of, contraindication to, or documented inability to tolerate, at least three formulary alternatives when applicable.

Tier exceptions

Providers may request consideration for preferred coverage of a non-preferred drug when there has been a trial of, or contraindication to, at least three formulary alternatives when applicable.

- Requests for a generic medication on the non-preferred drug tier will be lowered to the generic tier if the exception criteria are met.
- Requests for a brand medication or an authorized generic on the non-preferred drug tier can be lowered to the preferred brand tier if the exception criteria are met.

Restrictions apply to formulary exception requests. Drugs on the generic tier, the preferred brand tier, and the specialty tier are not eligible for tier exceptions. If the Member's prescription drug benefit contains the full mandatory generic provision and the formulary exception is approved for a brand-name drug that has a generic equivalent, the Member will continue to be responsible for paying the dispensing pharmacy the difference between the negotiated discount prices for the generic drug and the brand drug plus the appropriate Member cost-sharing for a brand drug.

When requesting an exception, the Provider should complete the formulary exception request form, providing details supporting Medical Necessity for the request, and fax the request to [1-888-671-5285](tel:1-888-671-5285). If the formulary exception request is approved for a non-preferred drug, the drug will pay at the appropriate preferred brand or generic level of cost-sharing. If the request is

denied, the Member and Provider will receive a denial letter with the appropriate appeals language. The forms are available online at www.futurescripts.com/prior-authorization1.html. If the non-formulary request is approved, the drug will be covered at the highest applicable level of cost-sharing. Safety edits like quantity limits will still apply.

Prescription drug guidelines for commercial Members

Independence continuously monitors the effectiveness and safety of drugs and drug-prescribing patterns. Several procedures are used to support safe prescribing patterns for our prescription drug programs, such as prior authorization and safety edits such as age limits, quantity limits, morphine milligram equivalent (MME) limits, and concurrent drug utilization review (cDUR).

Prior authorization requirements

We require prior authorization of certain covered, FDA-approved drugs to confirm that the drugs prescribed are Medically Necessary and are being prescribed according to FDA approved or medically accepted use. The clinical criteria used for prior authorization review were developed and approved by the Pharmacy and Therapeutics Committee based on the recommendations from the FDA, manufacturers, medical literature, and actively practicing consultant Physicians and pharmacists.

Using these approved criteria, the clinical pharmacists at FutureScripts evaluate prior authorization requests based on clinical data and information submitted by the Providers and available prescription drug history. Their evaluation may include indications, contraindications, dosing and length of therapy appropriateness, and evaluation of other clinical options previously used if applicable.

If the request cannot be approved by applying established review criteria, a FutureScripts medical director reviews the request. If the request is not approved, the drug will not be a covered pharmacy benefit for your patient, and he or she will be responsible for the entire cost of the drug. If the request is approved, your patient will be charged the appropriate level of cost-sharing according to his or her benefit. For detailed information on the drugs that are subject to prior authorization and for specific approval criteria, visit www.ibx.com/rx and select *Pharmacy policies*.

When submitting requests, it is important to thoroughly complete all prior authorization forms or provide all requested information for ePA and to promptly respond to outreach efforts when there is missing information. The prior authorization process may take up to two business days once complete information from the Provider has been received. Incomplete information may result in a delayed decision.

Note: The list of drugs requiring prior authorization is subject to change. As the list changes, notification is given through *Partners in Health Update*.

How to submit a Prior Authorization

The process for requesting a prior authorization is as follows:

- The Provider prescribing the drug can access electronic prior authorization (ePA) platforms such as CoverMyMeds® and SureScripts™ to submit a prior authorization request. Alternatively, the Provider can complete a prior authorization fax form or write a letter of medical necessity and submit it to FutureScripts by fax at 1-888-671-5285. The forms are available online at www.futurescripts.com/prior-authorization1.html.
- FutureScripts will review the prior authorization request or letter of medical necessity. If a clinical pharmacist is not able to approve the request based on established criteria, it will be reviewed by a medical director.

- A decision is made regarding the request.
 - If approved, the Provider will be notified of the approval via fax and/or telephone, and the pharmacy claim adjudication system will be coded with the approval. *Note:* ePA approval can occur in real time, this means the Member can be approved for the drug prior to leaving the Provider's office with a prescription. The Member may call Customer Service at the number on his or her ID card to determine if the request is approved.
 - If denied, the Provider will be notified via letter, fax, or telephone. The Member is also notified via letter. The appeals process is detailed within the denial letters sent to the Member and Provider.

Some drugs are approved for a limited time, such as opioids and growth hormones. Prior authorizations will include an expiration date at the time of the approval when applicable. If your patient needs to continue the drug therapy after the expiration date, you will need to submit a new request.

ePRO

FutureScripts sends notifications to Providers of upcoming expirations of pharmacy prior authorizations through an electronic proactive prior authorization (ePRO) fax. Providers can respond to the notice via fax or through an electronic prior authorization system (ePA) platform. The ePRO fax includes the drug name and details about the prescription, including a suggestion for formulary alternatives (if applicable). It will also include a drug-specific prior authorization request form for each Member. Providers should consider if the prior authorization is still required or if the drug still fits the Member's needs. Every seven days, up to 28 days total, a reminder ePRO fax from FutureScripts will be sent to Providers who have not completed the request form.

PreCheck MyScript

PreCheck MyScript is an online tool powered by FutureScripts and embedded directly in electronic medical record (EMR) platforms. The tool gives Providers a real-time, seamless view of a Member's prescription cost-share amount based on the Member's specific health plan benefits.

These real-time details help improve Members' experience and health by:

- enabling Providers to have more constructive conversations with their patients;
- providing the information, comfort, and insight the Provider needs to make more informed prescribing decisions related to the pharmacy benefit;
- giving Providers more time to spend with their patients by auto-sorting through prescription drug lists and prior authorization processes;
- minimizing prescription delays, dispensing of unnecessary higher-cost medications, and other barriers that could lead to medication non-compliance.

PreCheck MyScript also gives the Provider insight into whether their patients medication requires a prior authorization. If prior authorization is required, Providers can request approval immediately through the tool.

Safety edits

Safety edits are applied to prescription medications to ensure safe and appropriate use of drugs. They are designed to align with the clinical practice guideline and FDA-approved use outlined in the manufacturer package insert. These guidelines are designed to prevent potential harm to patients. There are safety edits that are based on the maximum daily dose approved by the FDA, the drug formulation, and the availability of multiple strengths of the drug where a dose can be achieved with another available strength and/or standard dosing. Some of these safety edits will prompt Member counseling at the point of sale (POS), while some will require prior authorization review. Examples of safety edits are age limits, quantity limits, MME limits, and cDUR. *Note:* If applicable, safety edits will apply if a formulary exception is approved allowing coverage of a non-formulary drug.

Age limits

Some drugs are approved by the FDA only for individuals of a certain age. If the Member's prescription falls outside of the FDA guidelines, it may not be covered until prior authorization is obtained. In addition, an age limit may be applied when certain drugs are more likely to be used in certain age groups. For example, drugs to treat Alzheimer's disease may require prior authorization for use in young adults. The Provider may request coverage for drugs outside of the age limit when Medically Necessary. Approval criteria are reviewed by the Pharmacy and Therapeutics Committee.

Quantity limits

Quantity limits are designed to allow a sufficient supply of medication based on FDA-approved maximum daily doses, standard dosing, and/or length of therapy of a particular drug. The purpose of these limits is to ensure safe and appropriate utilization. If a Member requires more than the limit, the Member's Provider will need to submit a prior authorization request. Similar to other prior authorization requests, quantity limit override requests for certain drugs may have a limited approval timeframe. The various types of quantity limits are described below:

- **Quantity Over Time:** This quantity limit is based on dosing guidelines over a rolling time period. For example, sumatriptan 50 mg tablets are limited to a quantity of 18 tablets per 30 days.
- **Maximum daily dose:** This quantity limit is based on maximum number of units of the drug allowed per day. For example, zolpidem is limited to 1 tablet per day.
- **Refill too soon:** This limit is in place to encourage appropriate utilization and minimize stockpiling of prescription medications. Based on this edit, a Member can receive a refill of a prescription after 75 percent utilization. Additional refills will pay once 75 percent of the supply has been consumed. For example, a 30 days' supply of atorvastatin tablets filled on 1/1/2020, will be refillable again on or after 1/24/2020.
- **Day Supply Limit:** This limit is based on the day supply and not the quantity. However, quantity limits may apply as well. Day Supply Limits apply to some classes of drugs, such as opioids. Low dose opioids such as Percocet® and its generic are limited to two 5-day supplies within 60 days.

Cumulative limits

Independence applies additional safety measures to opioid products by limiting the total daily dose. This limit accounts for all the different opioid products through a measurement called the morphine milligram equivalent (MME) dose. The MME is used to determine and compare the potency of opioid medications. It helps to identify when additional caution is needed. The daily limit is calculated based on the number of opioid drugs, their potencies, and the total daily

usage. Prior authorization is required for an opioid dose that exceeds 90 MME per day. MME limits apply to the opioid products containing the active ingredients listed below:

- codeine
- dihydrocodeine
- fentanyl
- hydrocodone
- hydromorphone
- levorphanol
- meperidine
- methadone
- morphine
- opium
- oxycodone
- oxymorphone
- tapentadol
- tramadol
- benzhydrocodone

Prescription stimulants are an integral part of treatment for attention deficit hyperactivity disorder (ADHD) but they are also one of the most frequently abused prescription drugs in the United States. To encourage safe prescribing, Independence has implemented a cumulative dose limit for prescription stimulants. The cumulative dose limit is based on the cumulative daily dose of drugs with the same active ingredient. Prior authorization is required when the request exceeds the recommended dose for medications with that active ingredient outlined below:

| Active ingredient | Common Brand Name(s) | Cumulative Daily Dose Limit |
|-----------------------------------|---|-----------------------------|
| Amphetamine | Adzenys® [XR ODT/ER]; Dyanavel®; Evekeo® [ODT] | 60mg/day |
| Amphetamine/ Dextroamphetamine | Adderall® [IR/XR]; Mydayis® | 60mg/day |
| Dextroamphetamine | Dexedrine®; Zenedi®; ProCentra® | 60mg/day |
| Lisdexamfetamine | Vyvanse® | 70mg/day |
| Methamphetamine | Desoxyn® | 60 mg/day |
| Dexmethylphenidate | Focalin® [IR/XR] | 40mg/day |
| Methylphenidate | Ritalin® [IR/LA]; Daytrana®; Cotempla®; Metadate® [ER/CD]; Methylin®; Quillivant® XR; Concerta®; Aptensio® XR; QuilliChew® ER; Adhansia® XR; Jornay PM™ | 72mg/day |

Please see the Stimulant Policy for more information

www.ibx.com/pdfs/providers/pharmacy_information/pharmacy_policies/stimulants.pdf.

Pediatric Opioid limits

Independence remains committed to fighting the opioid epidemic in our region. Since implementing the five-day supply limit for members, based on claims data, Independence has seen a 45 percent reduction in opioid prescriptions, as well as a 36 percent reduction in opioid users.

In an ongoing effort to reduce the risk of substance use disorder in members under 18 years of age, while helping to ensure access to acute pain treatment, Independence has implemented the following limits:

| Opioid product | Days' supply limit |
|--|--------------------------------|
| Short-acting opioids and opioid-containing cough and cold products | Two 3-day fills within 60 days |

| | |
|-------------------------------------|-------------------------------|
| Opioid-containing headache products | One 3-day fill within 30 days |
|-------------------------------------|-------------------------------|

cDUR

cDURs are built into the pharmacy claim adjudication system to review a Member's prescription history for possible drug-related problems including drug-drug interactions and drug therapy duplications. Drugs may reject at the POS and/or generate a message to the dispensing pharmacist when there is a safety concern. The dispensing pharmacist can review the issue with the Provider and override the rejection, if appropriate, for most edits.

Appealing a decision

If a request for prior authorization or exception results in a denial, the Member, or the Provider on the Member's behalf (with the Member's consent), may file an appeal. Both the Member and his or her Provider will receive written notification of a denial, which will include the appropriate telephone number and address to direct an appeal. To assist in the appeals process, it is recommended that the Provider be involved to provide any additional information on the basis of the appeal.

Preventive drugs covered at \$0 Copayment for commercial Members

As described in the Affordable Care Act (ACA), certain preventive medications, including generic products and those brand products that do not have a generic alternative, are covered without cost-sharing with a prescription when provided by a participating retail or mail-order pharmacy. Drugs that are considered preventive for certain ages and drug criteria are covered at a \$0 Copayment as listed in the following table:

| Drug class | Drug criteria | Age criteria |
|--|--|--|
| Folic acid | Applies to prescriptions for 0.4 – 0.8 mg. | Younger than 51 |
| Oral fluoride | Limited to strength less than 0.5 mg. | Children ages 6 months to 16 years |
| Aspirin | Applies to prescriptions for 81 mg. | Adults ages 50 through 59 to prevent cardiovascular disease; women after 12 weeks' gestation who are at high risk for preeclampsia |
| Breast cancer chemotherapy prevention | Applies to prescriptions for tamoxifen 20 mg only. | Ages 35 and older |
| Tobacco interventions and nicotine replacements | Tobacco interventions include Chantix®, bupropion HCL (generic Zyban), nicotine replacements include nicotine gums, nicotine inhalers, and nicotine patches. | Adults who use tobacco products |
| Statins for prevention of cardiovascular disease | Applies to prescriptions for lovastatin 40 mg or less. | Ages 45 through 75 years |
| Bowel Preparations for preventive colon cancer screening | Generic bowel preparation products | Adults age 50-75 |

| Drug class | Drug criteria | Age criteria |
|------------------------------------|--|--|
| HIV Preexposure prophylaxis (PrEP) | Applies to emtricitabine/tenofovir disoproxil fumarate 200mg-300mg and tenofovir 300mg | Persons who are at high risk of HIV acquisition. |

As mandated by the Women's Prevention Services provision of the ACA, many contraceptives are covered at 100 percent when provided by a participating Provider. Drugs not available as the POS at 100 percent coverage, an exception would be considered when the drug is described as either a preventative medication identified by the US Preventive Services Task Force (USPSTF) or the Women's Preventive Services provision of the Patient Protection and Affordable Care Act (PPACA).

Note: The \$0 Copayment does not apply to Special CareSM, Children's Health Insurance Program (CHIP), or Medicare Advantage HMO and PPO Members.

Specialty drug program for commercial Members

We coordinate with FutureScripts to offer a specialty drug program to Members who have pharmacy coverage through Independence. Through this program, self-administered specialty injectables and specialty oral medications that are covered under the pharmacy benefit can be shipped directly to your patients.

When using the specialty pharmacy program, keep in mind the following:

- Quantities for specialty injectables and specialty oral medications will be evaluated to promote appropriate prescribing. In addition, medications obtained through this program may be subject to the Member's benefits exclusions and review of medical necessity.
- Refills will be coordinated without additional paperwork.

Independence offers two preferred options for participating Providers to request fulfillment of specialty pharmacy drugs for patients with an Independence prescription drug benefit: Optum[®] and PerformSpecialty[®]. Optum and PerformSpecialty supply specialty drugs eligible under the Independence Member's prescription drug benefit administered by FutureScripts.

Providers who are considering starting an Independence Member on a new specialty drug therapy covered under the pharmacy benefit can use the following information:

- **Optum Specialty Pharmacy.** Providers can call Optum[®] Specialty Pharmacy and Optum[®] Infusion Pharmacy at **1-855-427-4682** to enroll the Member. Members can reach Optum to have a prescription filled by calling **1-855-427-4682** or by visiting the Optum website at <https://specialty.optumrx.com>.
- **PerformSpecialty.** Providers can call the PerformSpecialty Patient Care Line at **1-855-287-7888** to enroll the Member. Members can reach PerformSpecialty to have a prescription filled by calling their Patient Care Line at **1-855-287-7888** or by visiting the PerformSpecialty website at www.performspecialty.com.

Benefits of using one of these preferred specialty pharmacy Providers include refill reminders, ongoing patient education and support, consultation with pharmacists for Providers and Members, and confidential and convenient ordering and delivery.

Mandatory specialty pharmacy benefit for commercial Members

Some Independence Members have a mandatory specialty pharmacy benefit where they must obtain their specialty drugs from Optum Specialty Pharmacy or PerformSpecialty. Some plans with mandatory specialty pharmacy allow Members to get their initial fill of a specialty drug at

any in-network retail pharmacy and some Plans do not allow this “grace” fill. The Member may call the number on their identification card to find out the details of their plan.

Self-injectable drugs

Most self-injectable drugs are covered under the pharmacy benefit. However, injectables that cannot be administered without medical supervision, that are mandated by law, or that are required for covered treatment will continue to be covered under the medical benefit at the appropriate level of cost-sharing. The Independence Direct Ship Drug Program facilitates the shipment and Preapproval (as required) of injectable and infusible drugs that are covered under the medical benefit and are not commonly stocked in a Provider’s office.

For more information about drugs covered under the medical benefit and the Independence Direct Ship Drug Program, go to the *Specialty Programs* section of this manual.

Blood Glucose Meter Program for commercial Members

OneTouch Verio® is the preferred brand of test strips for our prescription drug programs for commercial Members.

Prior authorization requirements for test strips

Independence requires prior authorization for any test strips that we consider non-preferred. In other words, if a Member chooses to use a non-preferred test strip, you will need to complete a prior authorization form on your patient’s behalf. If the prior authorization is not approved, the non-preferred test strips will not be a covered pharmacy benefit for your patient, and he or she will be responsible for the entire cost of the test strips. If the request for the non-preferred test strips is approved, your patient will be charged the highest level of cost-sharing.

You can access a prior authorization form for diabetic test strips online at www.futurescripts.com/prior-authorization31.htm#D. Be sure to include supporting documentation for medical necessity.

Free meters for preferred test strips

The following three meters are available at no cost to commercial members with a physician prescription:

- OneTouch Verio Flex®
- OneTouch Verio Reflect®
- OneTouch Ultra Flex®

To order a free meter from LifeScan®, you or your patient should contact the manufacturer directly by either calling LifeScan® Service Center at 1-866-355-9962 with Order Code: 594PRX100.

If you have questions about the preferred test strips or the Blood Glucose Meter Program, contact FutureScripts at **1-888-678-7012**.

Prescription drug programs for Medicare Advantage Members

Members with an Independence Medicare Advantage prescription drug benefit may have coverage through the program listed in this section. Coverage for drugs is based on the Member’s benefits program. Medicare formularies are reviewed over the course of the year for value, quality, effectiveness, and consideration of new generic and brand drugs that are introduced into the marketplace. Medicare formularies are also compliant with the requirements set forth by the Centers for Medicare & Medicaid Services (CMS). As a result, they are updated

throughout the year. Some drugs may be subject to utilization management programs to ensure appropriate clinical use and cost efficiency.

Medicare Part D

Medicare Part D, a Medicare prescription drug benefit, is designed to provide quality pharmaceutical coverage at an affordable cost for Medicare Beneficiaries. It also provides Medicare Beneficiaries who have limited income with extra help paying for prescription drugs. All Keystone 65 HMO and Personal Choice 65SM PPO Members who qualify for a low-income subsidy have access to comprehensive coverage with low cost-sharing, which allows them to pay only a small amount for their prescriptions.

With the Medicare Part D Drug Formulary, Members pay a Copayment or Coinsurance at retail pharmacies for up to a 90-day supply of drugs listed on the formulary after Members satisfy any deductible that may apply to their plan. Since non-preferred drugs may result in a higher level of cost-sharing for Members, we suggest you review the Medicare Part D Drug Formulary for preferred formulary alternatives, which have a lower level of cost-sharing. An online, searchable version of our Medicare formularies can be found using the links below:

| Medicare Advantage plan | Online search tool link |
|---|---|
| Keystone 65 Basic Rx HMO | https://client.formularynavigator.com/Search.aspx?siteCode=86099804020 |
| Keystone 65 Focus Rx HMO | https://client.formularynavigator.com/Search.aspx?siteCode=8609980402 |
| Keystone 65 Select Rx HMO | https://client.formularynavigator.com/Search.aspx?siteCode=8609980402 |
| Keystone 65 Preferred Rx HMO | https://client.formularynavigator.com/Search.aspx?siteCode=8609980402 |
| Personal Choice 65 PPO | https://client.formularynavigator.com/Search.aspx?siteCode=8609980402 |
| Independence Blue Cross 3 Tier Open Group | https://client.formularynavigator.com/Search.aspx?siteCode=8604949500 |
| Independence Blue Cross 5 Tier Closed Group | https://client.formularynavigator.com/Search.aspx?siteCode=8609980402 |
| Independence Blue Cross 5 Tier Open Group | https://client.formularynavigator.com/Search.aspx?siteCode=8607558116 |

Prescribing requirements

Supported by the ACA and as required by CMS, prescribing Providers must include their individual (Type 1) National Provider Identifier (NPI) on all prescriptions for Medicare Advantage HMO and PPO Members who are covered under Medicare Part D.

Prescriber identifiers are valuable Part D program safeguards. These identifiers are the only data on Part D drug claims to indicate that legitimate practitioners have prescribed drugs for Medicare enrollees. Without valid prescriber identifiers, efforts made by CMS to determine the validity, medical necessity, or appropriateness of Part D prescriptions and drug claims may be limited.

Part D vaccine administration (e.g., Zostavax[®], Shingrix[™])

CMS requires that Medicare Part D vaccine administration for Medicare Advantage HMO and PPO Members be covered under their Medicare Part D benefits. Part D Members have four options for receiving a vaccination.

The available options and how you can collect payment from the Member are as follows:

| Where the Member receives vaccine | Who administers the vaccine | Member payment |
|--|-----------------------------|--|
| Pharmacy | Pharmacist | Member pays their pharmacy. Copayment/Coinsurance to the pharmacy. |
| Pharmacy | Physician | Member pays their pharmacy Copayment/ Coinsurance to the pharmacy for the vaccine. Physician may request the standard fee for the administration up front. |
| Physician's office | Physician | Physician may request the standard fee for the vaccine and its administration up front. |
| FutureScripts Secure Specialty Pharmacy | Physician | Member pays their pharmacy Copayment/ Coinsurance to the Specialty Pharmacy for the vaccine. Physician may request the standard fee for the administration up front. |

It is important that you routinely ask your Medicare Advantage HMO and PPO Members to show their Medicare ID cards. This will help ensure appropriate collection of the Member's responsibility.

When you collect payment directly from the Member for either a Part D vaccine or administration, be sure to provide the Member with a receipt. The Member should then submit the receipt, along with a *Direct Member Reimbursement Form*, to Independence for reimbursement consideration and to ensure that all out-of-pocket expenses are accurately accumulated toward their other pharmacy benefits. Members can request this form by contacting Customer Service.

Note: These procedures do not apply to Medicare Part B immunizations, which include hepatitis B (for intermediate and high-risk individuals), influenza, or pneumococcal vaccines, which are covered through the Member's Part B (medical) benefits. Members must receive Part B vaccines from a Provider who can bill it as a medical claim, which may also include clinics inside certain pharmacies that are contracted with Independence as Participating Providers, such as CVS, Rite Aid, and Walgreens. These three vaccines may continue to be administered and billed as usual. All other vaccines, including childhood vaccines, are covered under Part D and must be billed through the Member's Part D benefits.

Part D vaccine ordering instructions

If a Part D vaccine is needed, there are two ways the Member can get it:

1. **For office administration:** The Physician should write a prescription for the Part D vaccine that a Member can take to a retail pharmacy. The Member will be charged the appropriate Part D Copayment/Coinsurance, and the vaccine will count toward their true out-of-pocket (TrOOP) expense. The Member should then bring the vaccine back to the Physician's office for administration. They should pay the Physician the full fee for the administration of the vaccine. If the Physician also charges for the office visit, the Member is responsible for the applicable office visit Copayment. The Physician should provide the Member with a receipt for payment of the vaccine administration, and the Member can submit that receipt to their Part D carrier for reimbursement consideration.

2. **For administration at the pharmacy:** The Member may obtain a covered Part D vaccine, and have it administered at a local retail pharmacy where they will be charged the applicable cost-share.

Participating pharmacy networks for Medicare Advantage Members

Medicare Advantage HMO and PPO Members should take their Member ID card to a pharmacy that participates in the FutureScripts Secure network. Many retail pharmacies in the U.S. are part of this network, including large chains and independently owned pharmacies. When Members are traveling in the U.S., participating pharmacies will accept Member ID cards and dispense medications based on the Member's pharmacy benefits.

FutureScripts Secure pharmacy network for Medicare Advantage Members

We contract with FutureScripts Secure to provide Medicare Part D prescription benefit management services for Medicare Advantage Members.

The network includes:

- national chain and independent retail pharmacies
- long-term care and home-infusion pharmacies
- Indian Health Service/Tribal/Urban Indian Health (I/T/U) Program pharmacies
- a network mail-order pharmacy service

To receive benefits through the plan, prescriptions generally must be filled at a network pharmacy.

Standard and Preferred Pharmacies

Some pharmacies contract with our plan to offer lower cost-sharing to plan Members. This is known as preferred pharmacy cost-sharing. Members may fill prescriptions at either a preferred or standard pharmacy. They can save money on certain prescriptions by using a preferred pharmacy. For Medicare Advantage Members with a 5-tier formulary:

- Tier 1 and 2 prescriptions (which include most generic drugs) will have lower Copayments when filled at preferred pharmacies.
- Tier 1 and Tier 2 has two-time copay when a 90 supply is filled at a Preferred Retail Pharmacy.
- Tier 3, 4, and 5 prescriptions (which include brand-name, specialty, and high-cost generic drugs) will have the same Copayments at both preferred and standard pharmacy locations.

For a complete list of pharmacies, visit www.ibxmedicare.com/health_plans/pharmacy.html.

Mail-order program for Medicare Advantage Members

Most of our prescription drug programs include a mail-order option that offers a convenient, cost-effective way for Members to receive their medications. FutureScripts Secure processes mail-order prescriptions for our Medicare Advantage Members.

For a Member to use this benefit, the Physician should write two separate prescriptions for the Member: (1) a prescription for the initial supply, which the Member may fill immediately at a retail pharmacy, and (2) a prescription for the mail-order program, which should be written for a

90-day supply of medication. Members receive information on how to fill mail-order prescriptions upon enrollment. Shipments through the mail-order program are available to all areas in the U.S.

Drug formulary information for Medicare Advantage Members

The prescription drug programs mentioned earlier in this section use formularies to give Members cost-effective access to covered medications. When prescribing medications, Providers should be sure to consider what formulary through which Members have prescription drug coverage.

Before prescribing a medication for Medicare Advantage Members, keep in mind the following:

- Most generic medications are covered at the lowest formulary level of cost-sharing.
- Preferred brand formulary medications are covered at a higher formulary level of cost-sharing.
- **For Medicare Part D:** Non-preferred prescription medications may result in a higher level of cost-sharing for Members. Be sure to review the Medicare Part D Drug Formulary for preferred formulary alternatives, which have a lower level of cost-sharing.

To help Medicare Advantage Members understand their specific drug program and formulary, they have access to educational materials, including searchable look-up tools and formulary guides. Searchable drug tools or formulary guides can be found at

www.ibxmedicare.com/health_plans/pharmacy.html.

Prescription drug guidelines for Medicare Advantage Members

Independence continuously monitors the effectiveness and safety of drugs and drug-prescribing patterns. Several procedures support safe prescribing patterns for our prescription drug programs, such as prior authorization, quantity limits, and MME limits.

Prior authorization requirements

We require prior authorization of certain covered, FDA-approved drugs for specific medical conditions. The approval criteria were developed and approved by the Pharmacy and Therapeutics Committee and are based on information from the FDA, manufacturers, medical literature, and actively practicing consultant Physicians and pharmacists.

Using criteria approved by the Pharmacy and Therapeutics Committee, FutureScripts Secure evaluates requests for these drugs based on clinical data and information submitted by the prescribing Physician and available prescription drug history. Clinical pharmacist reviews will include contraindications, dosing, and length of therapy appropriateness, and evaluation of other clinical options previously used.

If the request cannot be approved by applying established review criteria, a FutureScripts Secure medical director reviews the request. If the request is not approved, the drug will not be a covered pharmacy benefit for your patient, and he or she will be responsible for the entire cost of the drug. If the request is approved, your patient will be charged the appropriate level of cost-sharing according to his or her benefit. For detailed information on the drugs that are subject to prior authorization and for specific approval criteria, go to

www.ibxmedicare.com/for_members/prescription_drugs.html#coverage.

When submitting requests, it is important to thoroughly complete all prior authorization forms and to promptly respond to outreach efforts when there is missing information.

Note: The list of drugs requiring prior authorization is subject to change. As the list changes, notification is given through *Partners in Health Update*.

How to submit a prior authorization

Participating Providers are required to use the appropriate form at www.futurescripts.com/prior-authorization2.html to request prior authorization for Medicare Advantage Members.

Providers may also submit a Coverage Determination Request form electronically through CoverMyMeds or SureScript. Additionally, Providers may submit electronically at www.ibxmedicare.com/htdocs/contact_us/forms/coverage_determination.html. Please include all clinically relevant information as many drugs have specific criteria. Per CMS requirements, a standard Coverage Determination Request form must be completed within 72 hours for Medicare Advantage HMO and PPO Members. All expedited/urgent reviews must be completed within 24 hours.

Expiration of prior authorization

Some drugs are approved for a limited time, such as narcotics and growth hormones. Prior authorizations will include an expiration date at the time of the approval when applicable. If your patient needs to continue the drug therapy after the expiration date, you will need to submit a new request.

ePRO

FutureScripts sends notifications to Providers of upcoming expirations of pharmacy prior authorizations through an electronic proactive prior authorization (ePRO) fax. Providers can respond to the notice via fax or through an electronic prior authorization system (ePA) platform. The ePRO fax includes the drug name and details about the prescription, including a suggestion for formulary alternatives (if applicable). It will also include a drug-specific prior authorization request form for each Member. Providers should consider if the prior authorization is still required or if the drug still fits the Member's needs. Every seven days, up to 28 days total, a reminder ePRO fax from FutureScripts will be sent to Providers who have not completed the request form.

PreCheck MyScript

PreCheck MyScript is an online tool powered by FutureScripts and embedded directly in electronic medical record (EMR) platforms. The tool gives Providers a real-time, seamless view of a Member's prescription cost-share amount based on the Member's specific health plan benefits.

These real-time details help improve Members' experience and health by:

- enabling Providers to have more constructive conversations with their patients;
- providing the information, comfort, and insight the Provider needs to make more informed prescribing decisions related to the pharmacy benefit;
- giving Providers more time to spend with their patients by auto-sorting through prescription drug lists and prior authorization processes;
- minimizing prescription delays, dispensing of unnecessary higher-cost medications, and other barriers that could lead to medication non-compliance.

PreCheck MyScript also gives the Provider insight into whether their patients medication requires a prior authorization. If prior authorization is required, Providers can request approval immediately through the tool.

Quantity limits

Quantity limits are designed to allow a sufficient supply of medication based on FDA-approved maximum daily doses and length of therapy of a particular drug. The various types are described below:

- **Quantity Over Time.** This quantity limit is based on dosing guidelines over a rolling period. For example, sumatriptan 50 mg tablets are limited to a quantity of 8 tablets per 30 days.
- **Maximum daily dose.** This quantity limit is based on maximum number of units of the drug allowed per day. For example, zolpidem is limited to 1 tablet per day.
- **Refill too soon.** With this quantity limit, if a Member used less than 75 percent of the total day supply dispensed, the claim will be rejected at the pharmacy. This will ensure that the medication is being taken in accordance with the prescribed dose and frequency of administration.

To request a quantity limit exception, complete a general pharmacy form, which can be found at www.ibxmedicare.com/pdfs/prescription_drugs/prior_auth/coverage_determination.pdf.

MME limits

Independence complies with the Centers for Medicare and Medicaid Services (CMS) requirement to apply additional safety measures to opioid products.

Members new to an opioid medication will be limited to a 7-day supply for their first fill. All other prescription fills for opioid medications will be limited to a 30-day supply.

Independence limits the total daily dose of opioids through a measurement called the MME dose. MME is a number that is calculated from the number of opioid drugs, their potencies and the duration of therapy. It is used to determine and compare the potency of opioid medications and helps to identify when additional caution is needed.

There are two safety interventions at the pharmacy based upon the MME dose:

- The first intervention produces a claim rejection at 90 MME that does not require a prior authorization but may require intervention from your pharmacist.
- The second intervention produces a claim rejection at 200 MME or greater and requires a prior authorization.

Medicare Part D 30-day transition supply

A new Member who is currently taking medications that are not on the formulary or require a prior authorization can receive a one-time, 30-day supply during the first 90 days of enrollment into the Plan. These medications may require prior authorization, or another exception listed in this section.

The retail pharmacy will receive an online message to process the claim, and the Member will be charged the applicable level of cost-sharing for this supply. The Member will receive a letter notifying him or her to contact the prescribing Physician, and the Physician will need to complete a prior authorization or exception request. The prescribing Physician will receive a copy of the letter. Processing of a transition supply request is not a guarantee of approval of the prior authorization or exception request.

Appealing a decision

If a request for prior authorization or exception results in a denial, the Member, or the Physician on the Member's behalf (with the Member's consent), may file an appeal. Both the Member and his or her Physician will receive written notification of a denial, which will include the appropriate telephone number and address to direct an appeal. To assist in the appeals process, it is

recommended that the Physician be involved to provide any additional information on the basis of the appeal.

Blood Glucose Meter Program for Medicare Advantage Members

Independence Medicare Advantage Members must use diabetic test strips and a glucose monitor from the preferred manufacturer brands, Accu-Chek® and OneTouch® in order to have their test strips and glucose meters covered at \$0 Copayment.

All other manufacturers' brand of test strips and glucose meters will not be covered by Keystone 65 HMO plans. For Personal Choice 65 PPO, an out-of-network Coinsurance will apply to all other manufacturers' brand of test strips and glucose meters. Keystone 65 Focus Rx HMO point of sale has a \$1,000 out of network maximum allowance per plan year.

If their current glucose monitor does not work with either of these preferred brands of test strips, Medicare Advantage Members can obtain a new glucose monitor at no cost with a prescription from a Provider.

Test strips can be obtained from either a network pharmacy or durable medical equipment supplier.

Medication Therapy Management Program for Medicare Advantage Members

We offer a Medication Therapy Management (MTM) program to Members enrolled in a Medicare Advantage plan.

MTM includes services that seek to facilitate communication between health care professionals and Members to help improve health outcomes. Pharmacists who are part of the MTM program review medications to identify potential adverse interactions, while also educating Members on medication side effects and interactions. They can even identify ways to save money on out-of-pocket medication costs.

Independence Members who qualify, based on their disease state and number of medications they are taking, will be automatically enrolled in the MTM program and will receive the following:

- **Comprehensive medication review.** Participants in the program will receive an outreach phone call from a clinical pharmacist for a brief medication consultation, to be arranged around Members' schedules. There is no limit to how much time Members can spend talking with the pharmacist during the consultation.

During the call, the pharmacist will review the medications Members are taking to:

- address goals for medication therapy;
 - raise awareness of cost-effective alternatives, such as generics;
 - answer any questions Members may have about their medication.
- **Personal Medication List and Action Plan.** After the consultation, the pharmacist will summarize the medications discussed and their respective directions into a Personal Medication List and an Action Plan. These will be mailed to the member and can be brought to the member's next doctor visit for discussion.
 - **Continuous review.** Members will have their Independence prescription claims data continuously reviewed and analyzed to determine if there are any areas for therapeutic intervention. Their doctor will receive a fax containing potential intervention opportunities.

If you have any questions regarding the MTM program, please contact PerformRx at [1-888-349-0501](tel:1-888-349-0501).