

# Best practices when prescribing Medicare Part D drugs such as Cyclobenzaprine and Lidocaine 5% patch

CMS will not cover drugs\* unless they are prescribed for a medically accepted indication (i.e., listed in the drug package insert, DRUGDEX® Information System, and/or American Hospital Formulary Service Drug Information).

This is true even if the drug may be commonly prescribed in practice for other conditions/durations.

## Two key examples to keep in mind:

- 1. Cyclobenzaprine** is indicated for short-term use (up to 2 or 3 weeks) for relief of muscle spasm associated with acute, painful musculoskeletal conditions, as an adjunct to rest and physical therapy. Cyclobenzaprine should be used only for short periods (up to 2 or 3 weeks). Aside from cyclobenzaprine, other skeletal muscle relaxants available on our formularies are baclofen, metaxalone, and methocarbamol.

Scan the first QR code for the cyclobenzaprine policy.



- 2. Lidocaine 5% patch** is indicated for relief of pain associated with post-herpetic neuralgia. **Lidocaine 5% patch** may also be used for diabetic peripheral neuropathy.

Scan the second QR code for the Lidocaine 5% patch policy.



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\* Drugs used for the treatment of cancer are subject to different guidelines. Please reference Chapter 15 — *Covered Medical and Other Health Services of the Medicare Benefit Policy Manual* for more information.

Scan the third QR code for Chapter 15.



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